

Terra Nova Books

Fall 2019 &
Spring 2020

TerraNovaBooks.com

Terra Nova Books Fall 2019 & Spring 2020 Catalog

Dear Readers,

This has been a particularly rich publishing year for Terra Nova Books, with new titles offering a special opportunity to go beyond the surface of everyday life with stories that reach into the depths, and exalt the possibilities, of the human spirit.

In *Breaking the Silence*, Nancy King, a widely published scholar, educator, and author, details her lifelong search for truth, and its ultimate triumph over the lies, secrets, and silences of a heart-breaking childhood.

For Carrie T. Ishee, her trauma brought with it the compounding wound of a “healer”—her own psychiatrist—being the abusive perpetrator. But by taking control of the shattered life she was left with, she managed to build her own successful world in the healing arts, helping hundreds over the years to break free from the suffocating traps of the past. Now she vividly and movingly shares her story in *Seduced into Darkness: Transcending My Psychiatrist’s Sexual Abuse*.

Our Authors on the Web

TerraNovaBooks.com/authors has a complete list of author social media links.

Terra Nova Books on the Web

- TerraNovaBooks.com
- facebook.com/terrannovabooks
- twitter.com/terrannova_books

In *The Torchbearers*, the narrative is fictional, but the facts burn true and deep as Bairbre Higgins tells a gripping and violent tale as real as any news report, laying bare a shocking world of prejudice, deception, and abuse shrouded in the depths of religious fundamentalism.

Andrew Leo Lovato also offers a new Terra Nova title that goes deep into the human soul, but what he finds there—and emerges with for us all—is the uplifting power and glory of the nation’s most heartfelt music. The result is *The Big Book of Blues Guitar: The History, The Greats—And How to Play*, combining in one volume a wealth of information and a teaching methodology..

We’re happy add these five new high-quality titles to Terra Nova’s ever-growing catalog of great reads across a full range of genres.

—Marty and Scott Gerber

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Breaking the Silence

NANCY KING

"Dad, there are things about my childhood I'd like to know."

"I don't want to talk about it. It would only hurt your mother."

"But Dad, you're the only one who can tell me."

"I don't want to talk about it. It would only hurt your mother."

Secrets. Lies. Silences. Stories told by parents and their families to protect themselves. A father who defends his wife despite her damage to their daughter's health and welfare. A mother, shielded by her husband, who perpetuates murderous acts of violence against the daughter, and keeps secret her husband's sexual "play" with the young girl.

And yet . . . Nancy King, determined to learn the truth of her childhood and the heartbreaking effects it has had on her adult life, uncovers the secrets. Sees through the lies. Breaks the silence.

Empowered by the stories she told herself as a child, she learns to use stories as part of her work as a university professor teaching theater, drama, world literature, and creative expression. Gradually, with the help of body work and therapy, she finds her voice. Says no to abuse and abusers. Reclaims her self and life. Writes a memoir.

She climbs mountains. Weaves tapestries. Writes books. Makes friends. Creates a meaningful life.

This is her story.



About Nancy King

Nancy King is a widely published author and a professor emerita at the University of Delaware, where she has taught theater, drama, playwriting, creative writing, and multidisciplinary studies with an emphasis on world literature. She has published seven previous works of nonfiction and five novels. Her career has emphasized the use of her own experience in being silenced to encourage students to find their voices and to express their thoughts, feelings, and experiences with authenticity, as a way to add meaning to their lives.

Seduced into Darkness *Transcending My Psychiatrist's Sexual Abuse*

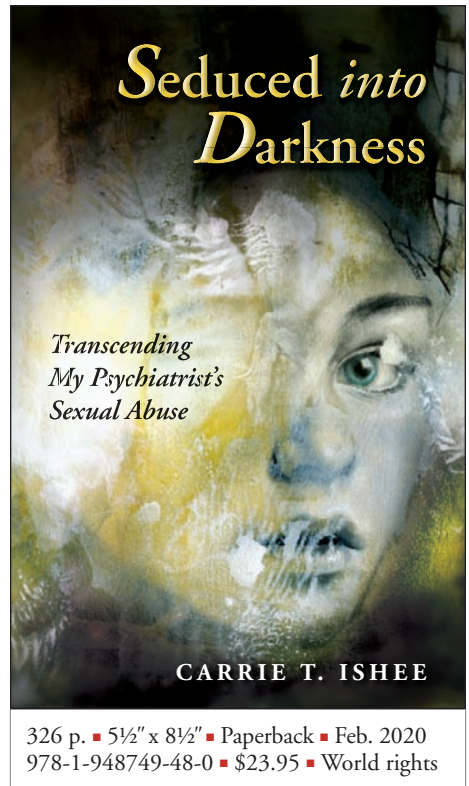
CARRIE T. ISHEE

Carrie Ishee has written a vivid and captivating story of hope for survivors of abuse as well as a case study in a skilled manipulator's tragic exploitation of his professional power.

This poignant memoir chronicles the traumatic psychological abduction and sexual exploitation of depressed college student Carrie Tansey at the hands of her psychiatrist, Dr. Anthony Romano—thirty-one years her senior. For three years, their secret “affair” was carefully calculated and controlled by Romano, as Carrie's mental and emotional health continued to deteriorate, bringing her closer and closer to the edge.

Their dual-relationship—clinical and clandestine—finally came to light when Carrie's suicide attempts landed her in a world-renowned psychiatric hospital. Gradually, she began to reclaim her power, reported Romano to the state licensing board, successfully sued him for malpractice, and testified before the state legislature to help pass a law aimed at curbing such abuses.

As Carrie tells her tale, it is a journey paralleling that of the mythical archetype Persephone, the naive innocent who was abducted into darkness, reemerged and regenerated herself, then fearlessly returned to the prison she had fled, this time to help free others.



About Carrie T. Ishee

Carrie Ishee has been a student of healing, human potential, and consciousness for more than 35 years. Her personal quest began in college when a severe health crisis compounded by her psychiatrist's seduction and sexual abuse shattered her physically, emotionally, and spiritually.

After doctoral studies in clinical psychology, she worked as a behavioral therapist, pursued a master's degree in art therapy, and later completed a two-year training program in life coaching. Her work today is focused on helping victims such as she once was break free from the suffocating shroud of trauma.

The Torchbearers

BAIRBRE HIGGINS

Seeking sanctuary, burnt-out fund manager Ariel Mignolet retreats to the New Mexico desert near Prospero, an isolated settlement steeped in religious fundamentalism. Long runs on remote trails and a new romance with local police officer Mike Argyll help forge a path back to sanity. But weeks into their relationship, Mike is brutally murdered and Ariel narrowly escapes the same fate.

The ensuing investigation unearths the truth about powerful local figures whose acts of prejudice and deception have torn families apart for decades. As the FBI closes in on Mike's killers, a broken man bent on revenge is planning to take another life and Ariel is getting in the way. Unfolding in a land of ghost towns and restless spirits, *The Torchbearers* is the story of how love for God and neighbor can turn deadly.

Praise for *The Torchbearers*

"Higgins brings the landscapes powerfully alive."

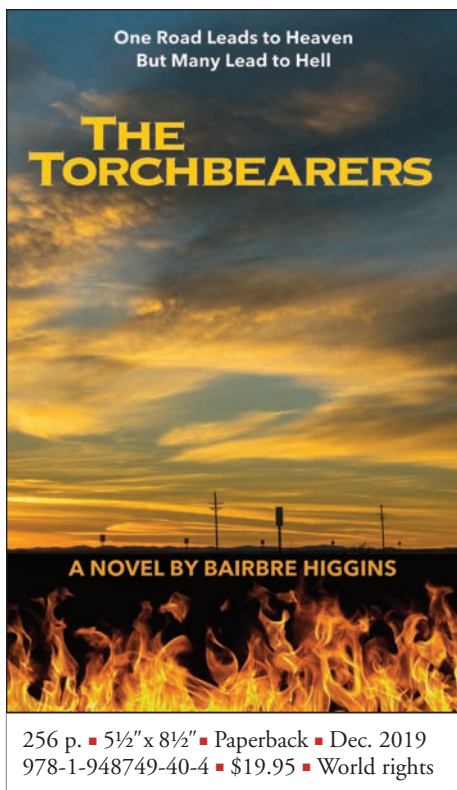
—Myles McSweeney, *Irish Independent*

"A fast-paced, gripping crime debut, woven with skill and full of intrigue. Thrilling!"

—Irene Graham, The Creative Writer's Workshop

"A superbly written and plotted debut."

—Joe Duffy, broadcaster and author



About Bairbre Higgins

Born and educated in Cork, Ireland, Bairbre Higgins worked in Dublin's financial world for sixteen years before focusing full-time on her writing.

A period of intensive coast-to-coast business travel in the U.S. helped provide the inspiration for the main protagonist in her debut thriller, *The Torchbearers*.

Wife of a successful businessman, mother of three children, and servant to two dogs, Higgins believes in the power of curiosity and the fact that education can cure the world's worst ills.

The Big Book of Blues Guitar *The History, The Greats— And How to Play*

ANDREW LEO LOVATO

The blues are the heart and soul of American music. They form the core of countless other genres and move listeners across the globe with a sound that can stir our emotions at their deepest point. Now, Andrew Lovato, an esteemed musician and educator, combines in one volume a wealth of information about the world of the blues and a teaching methodology that can help any reader feel the music come to life under his or her fingers.

The book covers the history of the guitar and of the blues, including a personal appreciation of the great musicians who have shaped the genre and created such an awe-inspiring legacy. Lovato's system of blues guitar instruction, built on his lifetime of teaching, can bring musicians of any level to a rewarding and creative lifelong relationship with the guitar as well as immersion in its blissful union with the blues.

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Introduction

The Birth of the Guitar

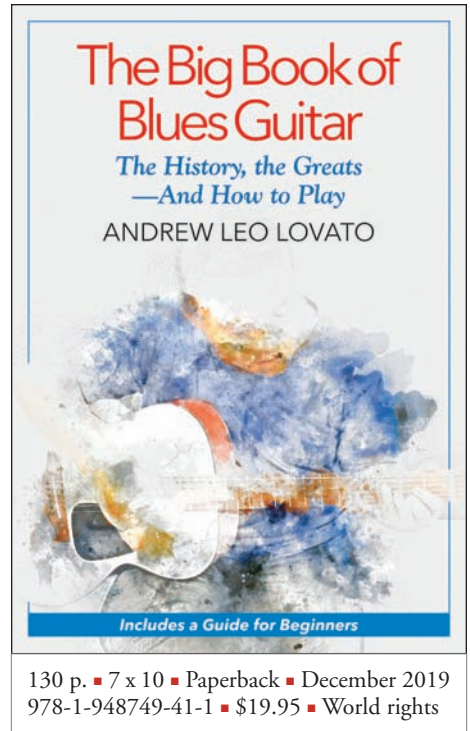
The Guitarists Who Gave Us the Blues

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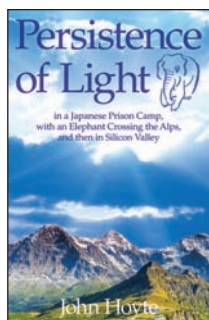
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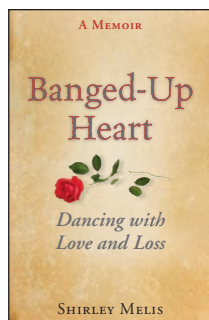
About Andrew Leo Lovato

Andrew Lovato is an associate professor of speech communication at Santa Fe, N.M., Community College, where he has taught guitar for thirty years. He received his Ph.D. in 2000, and was a Fulbright Scholar in 2008. He is also Santa Fe's official city historian.

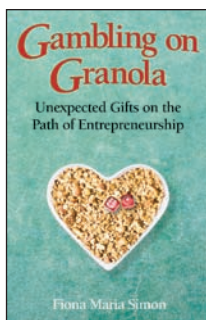
His first encounter with the blues came at age 12 when he checked out an album from the local library by a musician whose name intrigued him: Howlin' Wolf. Lovato listened, and his world was changed. Soon after, he convinced his father to buy him a \$30 guitar. Today, more than 40 years later, the blues still send shivers up his spine.



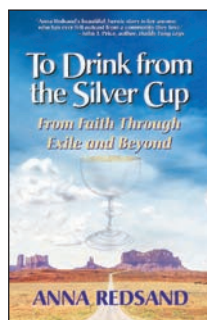
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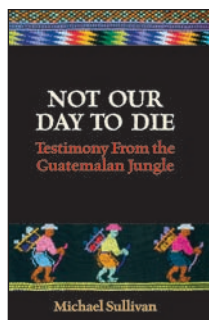
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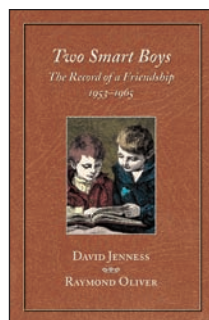
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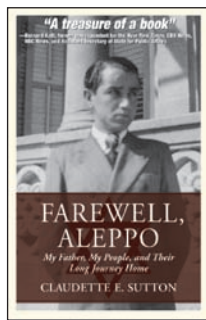
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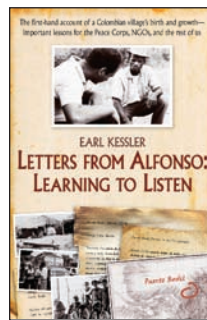
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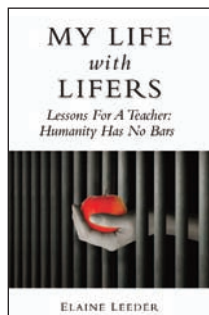
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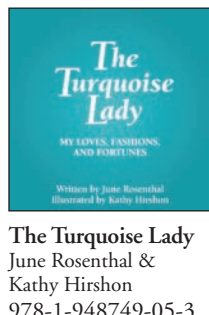
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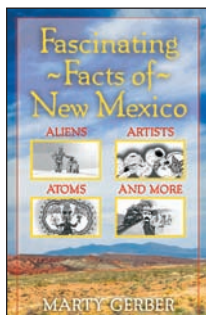
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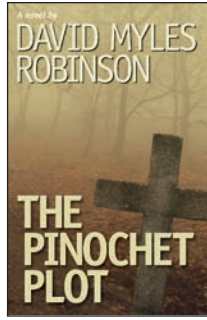
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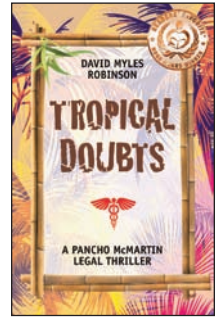
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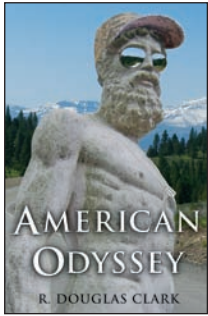
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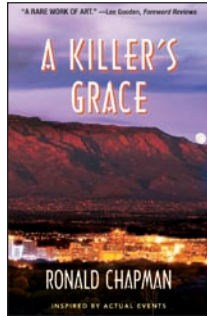
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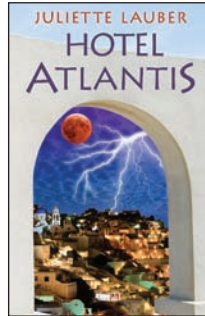
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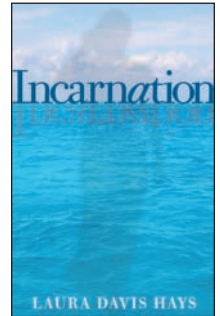
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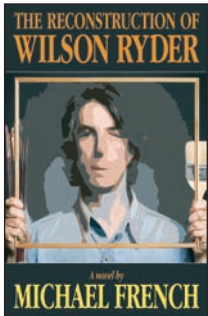
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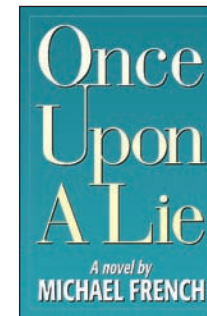
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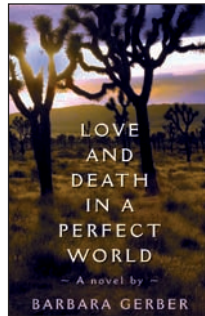
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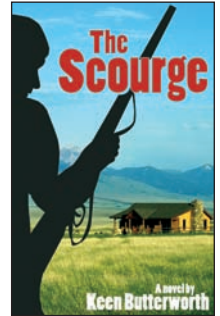
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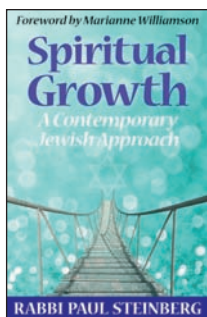


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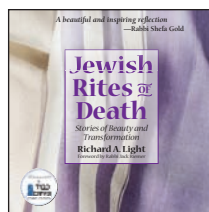


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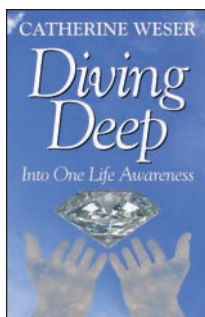
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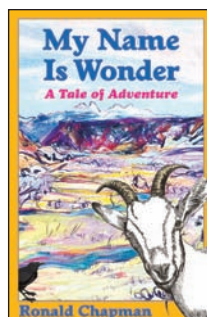
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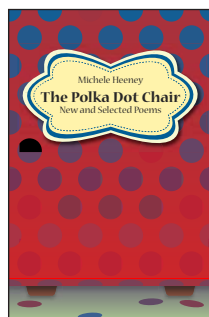


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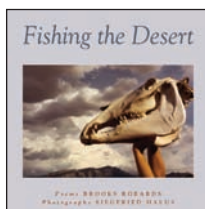
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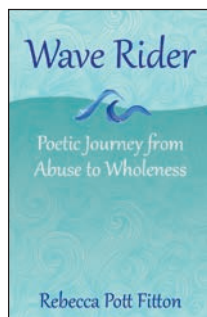
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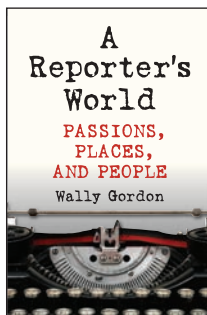


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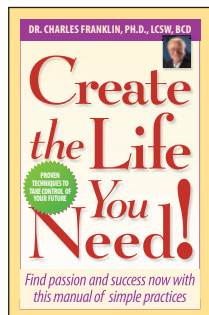


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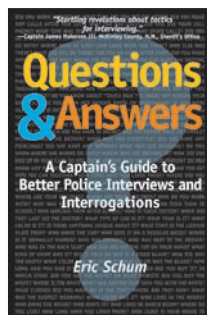
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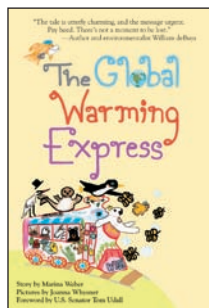
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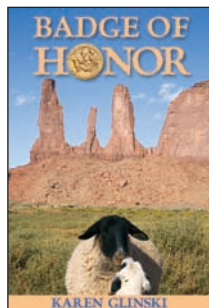
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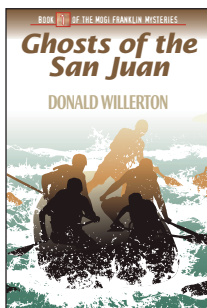
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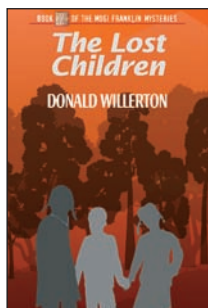
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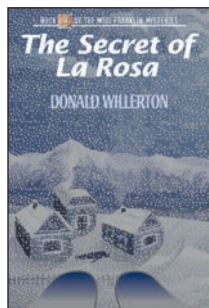
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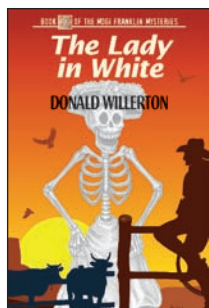
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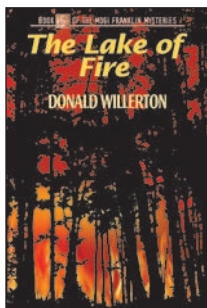
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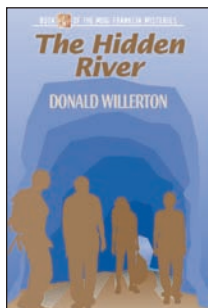
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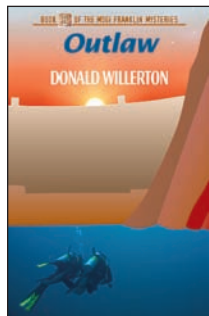
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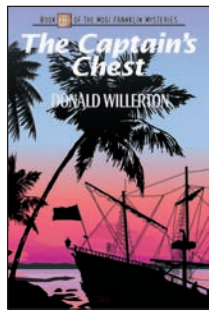
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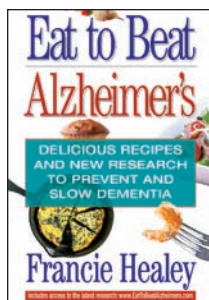


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Food—Backlist



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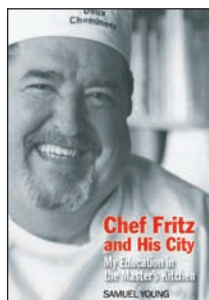
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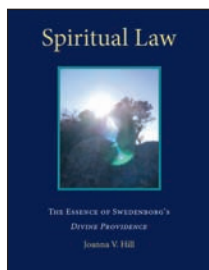


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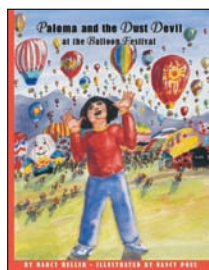


**The Essential Chile
Sauce Guide**
Dave DeWitt
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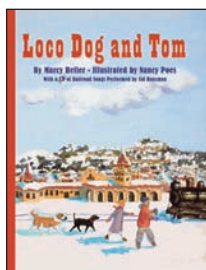
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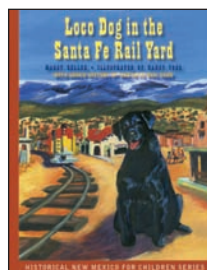
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Joanna V. Hill
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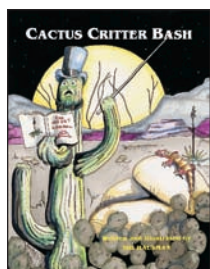
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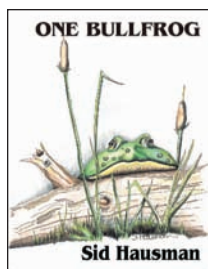
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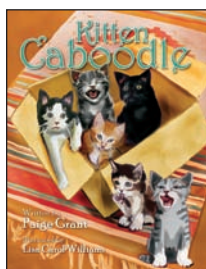
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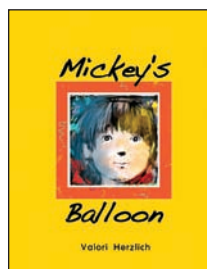
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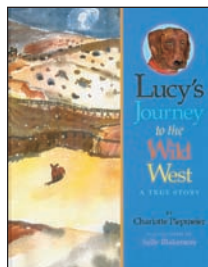
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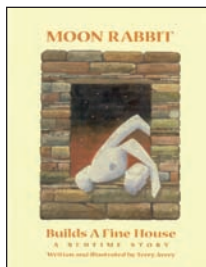
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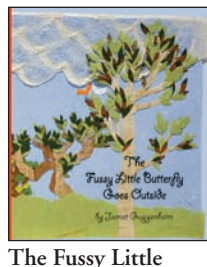
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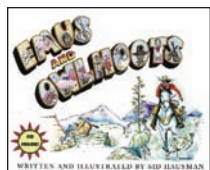
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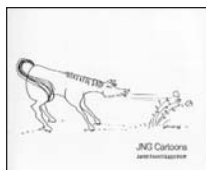
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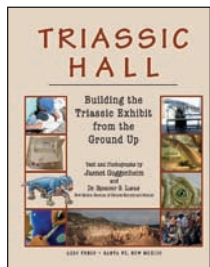
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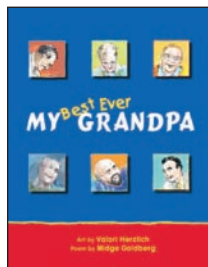
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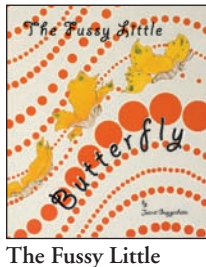
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